

## Nothing can Escape Death, hence it Must be Pondered and it also Must be Understood

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#### Nothing can Escape Death, hence it Must be Pondered and it also Must be Understood

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The certainty of death is absolute, and this is a fact which the human being must come to grips with, be it sooner or later. It is good if this already occurs early in life and time and again throughout, because no one knows when the time comes for one, that one must exit the current life. As old as the world and the entire universe have become, still no creature and absolutely nothing which would be immortal and imperishable can be pointed out. It is in the nature of all matter and all existence in general that everything is perishable, even the Creation universal consciousness which passes again after 311,040,000,000,000 years, rests in a slumber and developmentally changes itself into a new Creation form. Even the sleep and the death of the human being and all creatures in general are to be equated to such a slumber. Through the sleep in the current life, new energies and new powers resulting from them are collected, whereas through the death, the spirit-form changes over into its realm of the other world and further evolves. This happens whilst the consciousness block is integrated by the other-worldly overall consciousness block created by the spirit-form and is converted into pure neutral energy, from which a new consciousness block with a new personality is created and is born into a new human body, together with the rebirth of the spirit-form on the 21st day after the conception.

In relation to the human being, as with all material life-forms in general, it is in the nature of his/her body, that he/she is not only impermanent and hence perishable, rather also very vulnerable. Thereby it plays no role whether one belongs to this or that race or belief orientation, what one looks like and which language one speaks, which activities one pursues or whether one is pretty or ugly, big, or small, rich or poor. Death is inevitable for all, and so starting at birth everyone heads towards it during a short or a long life. Nobody can turn away from it and avoid it. No human being can buy himself/herself out of it, not with gold or precious stones and even not with millions or billions, not with health, good physical energy, and power, not with requests, prayer or flattery. Death is incorruptible, because it is based in a creational-natural law, in which nothing and nobody has an influence, in the sense that it could be changed or overruled by any means.

If the human being is befallen by a fatal illness, then many a human being falls prey to anxiety and goes around in dejection. Of course doctors are then also sought and asked for help and healing, which is actually completely natural, however when a healing is not possible anymore, then many search for refuge with quacks as well as in religious and sectarian beliefs, prayer and begging, but this as a rule also does not help. So, the anxiety then steadily continues to increase and further promotes the illness, whereby the life





is shortened all the more, which without anxiety, would last much longer. All this anxiety about the dying and the inevitable death can be faced however with good, healthy and relevant thoughts and feelings, if the human being profoundly comes to grips with it over and over again by means of and based in the thoughts and feelings, as early as in youth and in the ensuing adulthood. The thoughts and feelings about dying and death can be processed thereby in a very good and valuable form through a relevant meditation, whereby neither an uncalmness in the thoughts and feelings, nor a discomfort arises, just as the absolutely inevitable constitutes no threat anymore. The whole of the world of the thoughts and the feelings adjusts itself to that and everything is understood as an inevitable necessity of the fact that, through death, new life arises. The death, also described as death-life, is like a deep sleep in the realm of the other world of the overall consciousness block, namely, in relation to a developmental change into a new life, into a new consciousness and a new personality, and therewith into a new human life.

Usually, no human being knows the moment of his/her own death, if a special knowledge does not enable this. Each human being willing to be rational, who ponders death, knows however that he/she will be called by it from the current life and knows that this can be at any time, in fact inevitably. So also nobody can guarantee that the life will be short or long, because the current determinations which arise in daily life bring about everything corresponding to a certain order and bring about everything accordingly. This means that the constantly newly arising life-based and environmental conditions determine everything, so even the slightest occasion, a mistake, an illness, an accident or even a food or a medicine, etc. can bring about that the current life must be exited suddenly through the occurrence of death.

The fact with which the human being must come to grips in relation to death, is that the body, once it has died, cannot be regenerated again and the escaped spirit-form as well as the consciousness block and its personality cannot return into it again. With the death also all physical energies and their powers disappear, consequently the material body slowly passes away and falls prey to decay. Nothing material can be taken along into the death because all possessions, goods and belongings and assets of every kind remain behind in the material world and can be used only by the still living bereaved ones. Like sound and smoke, the maintained friendships as well as image, might and fame, etc. also pass, consequently in this regard only the ones left behind still maintain memories and perhaps can be beneficiaries of them.

Each death is preceded by a dying, be it slowly, quickly, or suddenly and each human being must submit to this completely alone, because everyone dies on his/her own, namely even when dear relatives or friends, etc. are present at the passing. No other human being can accompany another into the death, rather can only stand by a dying one in end-of-life care. So also, nothing material can be given to take into the death, because when the human being changes over into it, everything coarse-substantial passes away





for him/her in seconds. In the storage banks of one's own other-worldly overall consciousness block however, all essence of one's love, one's knowledge and one's wisdom is stored by means of and based in impulse in a fine-fluidal form, consequently nothing of one's values regarding this is lost, in fact not for all times. With the emergence of a new consciousness and its new personality, it is then also the essence of these stored tendencies and potentialities which enters them. Thereby the new human being can develop resp. further evolve himself/herself in his/her new life by means of and based in love, knowledge, and wisdom, where the old consciousness with its personality has ceased to learn and to exist because of the occurrence of death.

The human being must walk upon evolutive consciousness paths during his/her life and train himself/herself in relation to the truth emerging from the reality, in order to attain from it knowledge and wisdom and therewith also love, peace, freedom, harmony and all-embracing feelings for others. Only from that results a life according to the creational-natural laws and recommendations and the fulfilment of the sense of life, which consists in fulfilling all the high values of these laws and recommendations through a valuable consciousness education and consciousness expansion. And in order to tread the consciousness-based training path and achieve the high values, each appropriate meditation can be used, through which the preparation for the death is also learnt and the necessity of it can be understood. Through meditation, in relation to the dying and the death as well as in every other necessary respect, true confidence can be learnt and preserved, whereby everything of the inevitable can be dealt with free of anxiety and fear just as daily events, practical experiences and lived experiences in every respect can. By extensively granting oneself a training during one's life in relation to the life and dying as well as concerning death and also educating oneself in all necessary knowledge, understanding and following of the natural-creational laws and recommendations consciously and in a far-reaching form, one can also develop an awareness for the inevitable dying process. Thereby the understanding and acceptance emerges for the fact that all elements of the material body gradually dissolve after its passing and that, when the last breath is taken, the spiritform, up until its reincarnation, escapes into its other-worldly realm, and the consciousness block with its personality, irreversibly escapes into the other-worldly realm of the overall consciousness block. If this is understood, then the human being is also capable of dealing with the particular phases of dying and of the death-life, consequently the clear light of death is also recognized and accepted when it inevitably approaches and takes the life as its toll.

When the consciousness state finally expires, then this is exactly the threshold which is crossed into the death. However, before this happens, if a normal dying takes place, a death throe state occurs, which corresponds to a dying phase and is a preliminary stage of the "Exitus Letalis", in other words, the death with reduced life processes. With this process the life functions of the consciousness expire slowly and at





the end the death eventuates as a collapse of the integrated organ system, namely, the combined organ system as a whole. The end of the life is therefore an irreversible loss of function of the brain as well as the respiratory, circulatory, and central nervous systems.

If a human being is very proficient in higher meditation practices, then he/she can realize the individual phases of his/her own dying process through his/her own proficient attentiveness and live through them consciously and linger in serenity. Unfortunately this is possible for only few human beings, because they are not far enough advanced regarding knowledge, wisdom and meditation, which is why each individual in general is advised to preserve a clear consciousness as long as possible during the first phases of the dying process and still tend to and maintain the best possible clear thoughts and feelings of the love and of the feelings for others. This makes the whole of the dying process very much easier and helps entering into the intermediate state of life and death without anxiety and without fear and peacefully giving oneself over to the inevitable.

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