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# Simply Listening

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By <Billy> Eduard Albert Meier





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## Simply Listening

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Very many human beings grow lonely just because they have nobody who listens to them when they want to talk about their worries and problems and about the life and the world. And there are even many who have the need to communicate with others without expecting an answer or a piece of advice. There are very many human beings who are simply searching for somebody who listens to them and does not make out to know everything better straight away or gets on their nerves with his/her ungraceful know it all attitude. They are looking for someone who merely sits there silently and does not do anything other than listen, or who only speaks when he/she has been asked to do so. However, that is not surprising when it is considered that it means a lot to many to get out of the bubbling cauldron of their thoughts, which they simply do for the reason of being able to talk to somebody. They just want to talk and express their thoughts and feelings in order to unburden themselves from everything that has pent up in their thoughts and feelings and which calls forth the need to unburden themselves from it, indeed by being able to talk with others who simply listen to them. And actually, it is the case that they do not search for discussions and not for solutions and advice, rather simply for an understanding fellow human being, who takes a few minutes of his/her time in order to pay attention and listen to them.

It does not have to be the case that the listeners are clergymen, who practice the listening only for religious or sectarian reasons and in anticipation of alms or a bequest. And it also does not have to be the case that listening is practiced in a private or organized wise, or in a purely professional wise and payment is accepted for it. Listening must, and is allowed to, occur solely out of love for the ones next to oneself, out of love for the fellow human being and in joy, joy at the fact that a fellow human being can be listened to, he/she can be helped thereby, and loneliness prevented. And even if the human being of the present time lives a completely hectic life and only greedily chases the mammon, he/she still always finds enough opportunity and time for listening. Thereby it may also be that courage is given to someone who falls into difficulty, hesitates, and does not know how, where and with what he/she should begin with his or her speaking. And if he or she finds the way to speaking, then part of it is not only paying attention to his or her words, but also to that which very often lies hidden behind them. These hidden things very often are anxiety and fear, unrest, vexation, loneliness, grief and worries, as well as hate and thoughts of revenge and retaliation and equally directed feelings, however, also purely private, professional, legal or societal difficulties, and so forth.



As a listener one must learn to overcome the impatience, wherefore especially often older human beings are the best listeners, because they have risen above the impatience and have overcome it. Also, many older human beings, due to the length of their journey through life, have learned very much in regard to being human from the inexhaustible fullness of the negative and positive as well as the good and bad life experiences. They have gained love, joy, peace, freedom, harmony and equalizedness, thus many younger and older human beings come to them, place their trust in them and talk about that which burdens them, after which they confidently go away again because simply, they have been listened to silently.

**Original Source:** <https://shop.figu.org/b%C3%BCher/das-leben-richtig-leben-quer-durchs-dasein?language=en>

**American-English Translator:** Marilyn Kopczyk