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People have to Change, Adapt to  
the New Times, Build their Own  
Inner Security and Awaken their  
Self-Love and Let it Work

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By <Billy> Eduard Albert Meier



- UNOFFICIAL AMERICAN ENGLISH TRANSLATION -



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## **People have to Change, Adapt to the New Times, Build their Own Inner Security and Awaken their Self-Love and Let it Work**

**By:** 'Billy' Eduard Albert Meier

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Major changes are taking place throughout the world, in society, politics and the economy, just as they began at the beginning of the modern era in 1844. But these changes also affect people themselves, and therefore also those who are unhappy and dissatisfied, which causes them to feel anxious, because the whole thing is contributing to their falling into unhappiness and dissatisfaction, the reason being that they have become isolated on the one hand through a bad upbringing and on the other hand through the indifference of their surroundings. But that is no wonder, because the more people populate the earth, the more overpopulation means that good interpersonal relationships are no longer possible, and people are helplessly withering away among themselves. And the unhappy and dissatisfied are also affected by this, as the world and people are changing, which is spreading faster and more radically than they can imagine. In his state of unhappiness and dissatisfaction, however, the greatest change takes place within himself, and in this way, of course, to his disadvantage, which is why he must immediately intervene positively in his negative change, stop it and turn it around and change it for the best, good and positive. Even if many good forms of human relationships are dying out all around him and people are becoming more and more stunted as a result, this must not be the case for him, so he must pull himself together and free himself from his unhappiness and dissatisfaction. So, man must face his negative change without fear and hold on to everything good that he can create from within himself and make effective. He must therefore not get stuck or stand still in his state of unhappiness and dissatisfaction, but he must free himself from this damned negative change and finally become happy and content. He must remember that his life never stands still because it is constantly moving and flowing and subject to change, just like everything and everyone in the entire universe. So, everything in him and in his energy and strength balance, in his consciousness and in his thoughts, feelings and in his psyche as well as in his body is in motion and creates continuous and constant changes. And these changes also include his attitude, his behavior, his mindset as well as his actions, his decisions and everything he does. And that is one and the most important reason for him to open himself to the law of nature and to recognize and use all the wonderful things in it in order to be happy and content and to go through his life in this way exhilarated and light. Man must not ignore the whole thing and must not oppose the good and positive changes in himself, in his consciousness, in his thoughts and feelings and in his psyche and not resist anything good and positive. And only when he acts in this way, changes and adapts to the new within himself, does he experience a painless and smooth transformation to happiness and contentment.



Due to the major negative changes in the outside world, the supposed security is disappearing more and more, so that people as individuals have to rely on themselves more and more and therefore have to seek and find new security within themselves. But they can only do this by not looking out into the world with fear and by looking for their own security outside themselves, now and not in the future. Only when they trust themselves, change to be free within themselves and adapt to this new inner form, can they develop fundamentally positive life thoughts and a corresponding attitude to life and understand that they can only find true security within themselves and be happy and content. There must be order in their consciousness, in their thoughts, feelings and in their psyche, because only in this way are they in living contact with their need for their own inner security, which allows them to go through the world's uncertain and turbulent times calmly and with confidence and to manage their life happily, contentedly and safely. People no longer have to stand in front of the ruins of their past, because they now know what has happened and that they have to help themselves and create something new and also security within themselves, but to do so they have to react correctly and act correctly. And that means that they must finally turn to the effective reality and its truth and let everything old and negative escape from them. They have to become aware that they have reached a decisive turning point today and now, which has one main goal: namely, that they change their consciousness in a positive way and from now on nurture and cultivate the best, good, healthy and positive thoughts, which also give rise to corresponding feelings that make them happy and content and bring their psyche into top form.

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**American-English Translator:** Marilyn Kopczyk